

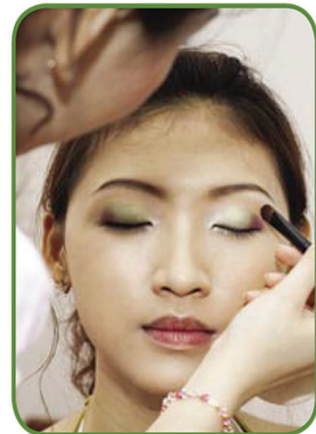
Are you looking after someone?

Come to a **FREE** day of pampering and activities for carers in Croydon

Look Good, Feel Good!

Folly's End Community Centre, 5-9 Surrey Street, Croydon CR0 1RG
Thursday, 17 June 2010 | 10am to 4pm

- ♥ **Massage**
- ♥ **Manicure**
- ♥ **Hair styling / braiding**
- ♥ **Beauty make-over**
- ♥ **Eyebrow threading**
- ♥ **Painting workshop**
- ♥ **Yoga/Thai Chi session**
- ♥ **Singing workshop**
- ♥ **Chocolate fountain**
- ♥ **Refreshments and lunch**
- ♥ **Quiet area**
- ♥ **Information & advice on caring**



PLACES MUST BE BOOKED IN ADVANCE!

To book and for more information about access, crèche facilities and alternative care please contact: Carers' Information Service on ☎ 020 8649 9339

carers week

**CROYDON
COUNCIL**
www.croydon.gov.uk