

Fancy a laugh?!

With John Hipkiss
(aka Laughing John)

Featured on BBC 1
Breakfast

www.teambuildinglaugh.co.uk



De-stress...lift your mood...HAVE FUN with laughter yoga
Discover new ways to laugh!

Adults laugh 10X a day, children 500X...fancy doing something about it?!

Come and have a laugh !

1 pm Tuesday 6th September
2011

At CVA West Croydon
'Laughing Workshop' at
Hear Us Open Meeting

REFRESHMENTS PROVIDED

For more information contact: Hear Us
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