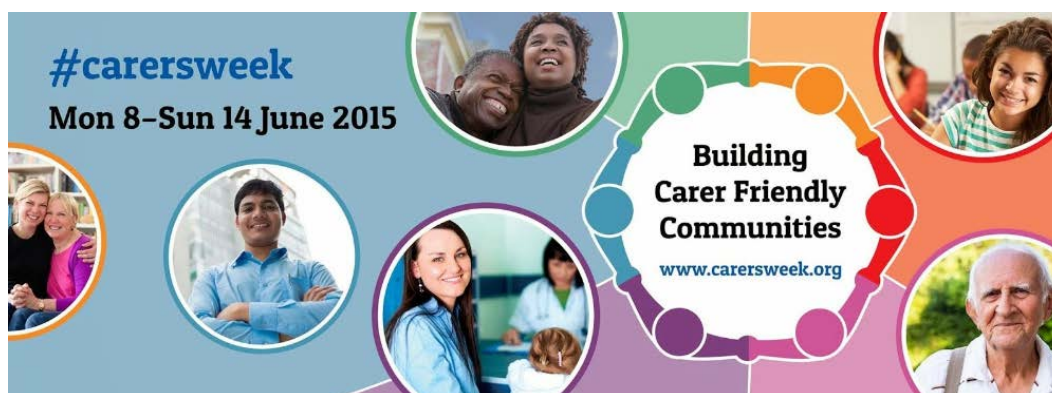


Carers Week in Croydon

8 - 15 June



Carers Week is an annual campaign to raise awareness of caring, highlight the challenges carers face and recognise the contribution they make to families and communities throughout the UK.

This year Carers Week is focusing on building Carer Friendly Communities: communities which support carers to look after their loved ones well, while recognising that they are individuals with needs of their own.

Croydon Neighbourhood Care has organised lots of fun events and activities in Croydon to celebrate Carers Week, including:

- Complementary therapies.
- Pampering.
- Arts and crafts.
- Lunches and an afternoon tea.
- Easy keep fit.
- And lots more...



Details of all events and activities.

Carers Support Centre

We will be treating carers who come to the Carers Cafe to goody bags, and serving up delicious cakes and chocolates every weekday, 10.30am - 12.30pm.

Carers Trust

Is hosting an online party in the chat room to celebrate Carers Week on Wednesday 10 June, 8 - 9.30pm. There will be games, a quiz, lots of fun and some prizes! For more information go to www.carers.org/forums.



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THE
WHITGIFT
FOUNDATION
CARERS'
INFORMATION
SERVICE

The Carers' Information Service was set up by the Whitgift Foundation in 1997, and provides information, advice and support to Croydon's carers.

[Find out more about us.](#)

Carers
Support
Centre

The Carers Support Centre is the result of a partnership between Croydon Council and the Whitgift Foundation.

The Centre is open Monday to Friday, 10am – 4pm, and carers are welcome to drop in for information and advice on their caring role.

[Find out more about us.](#)

We also have rooms to hire, ranging from a two-person consultation room to a large meeting room that can hold over 50 people. For more information call Steph Roane on 020 8663 5600, or email stephanieroane@carersinfo.org.uk.