

Contact
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Contact
People Who Care

www.selsdoncontact.org.uk

VOLUNTEERS NEWSLETTER SUMMER 2015

Summer Sunshine and Sporting days

Wimbeldon is over for another year and Andy Murray almost got to the final again!!! The Ashes between England and Australia are tightly poised and the Great British Bake Off is about to start a new series on BBC 1, so it must be time to write the Contact Summer Newsletter. I hope you find the information in the newsletter useful, if you have any suggestions about different articles or information that we could include please do give me a ring on 020 8651 4944.

Andy

Clothes for Cash

Recycle your old clothes through clothesforcash.com.

Simply request a free collection pack, select 'Donate to Carers UK' and magically create more space in your wardrobe!

Volunteers' Afternoon Tea Party

Contact would like to thank all our volunteers for their continued support by inviting you all to Afternoon Tea on Friday September 11th. This will take place at St Francis Church from 2.30 to 5pm. Your personal invitation is enclosed with this newsletter. Would you be able to donate a



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homemade cake for this event (no fresh cream please) to be brought to the church at 2.15pm approx? We also need a small team to help set up the hall from 1.30pm and another to clear up from 5pm. Please let us know if you can attend, donate a cake or help with setting up/clearing up by the usual methods by 1st September. We look forward to seeing you there.

Changes to Bus Routes

Transport for London (TfL) have announced the following changes to the local 64, T33 and 359 bus routes, the changes are due to take place in October:-

Route 64 will be extended within New Addington from Salcot Crescent to a stand at Vulcan Way.

There will be an increase in frequency to a bus every 7 to 8 minutes on Monday to Saturday daytimes. It will also operate 24 hours a day.

Route N64 will no longer run (replaced by changes to route 64).

Route 359 will be extended from Selsdon Sainsbury's to Purley Cross and have extended operational hours on all days of the week from 0700 to 1945. Additionally the frequency will increase to a bus every 30 minutes.

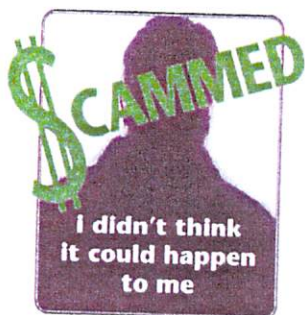
Route T33 will be renumbered 433.

Route 353 will now terminate at the end of Courtwood Lane at the Selsdon Nature Reserve stop after requests from members of the public to serve this stop. Driver facilities will also be installed at this location.

Route 359 will finish its journey at the same stop as route 412 in Purley. Route 359 will serve stops on Brighton Road and Purley Road, so that passengers heading towards Addington Road will be able to use common stops with route 412, and negates route 359 having to use the Purley Cross junction to return to Brighton Road.



LITTLE BOOK OF BIG SCAMS



**SCHEMING
CRAFTY
AGGRESSIVE
MALICIOUS**
DON'T LET THEM CON YOU

The BIG news this month is the publication of a 3rd Edition of the Little Book of Big Scams produced by the Met in association with NatWest Ban. FREE copies will be available in NatWest Branches across London from Wednesday, 22 July. It's also available for download, if you prefer, from:

[http:// www.met.police.uk/docs/little book scam.pdf](http://www.met.police.uk/docs/little_book_scam.pdf)

Sainsbury's Collection 3rd -5th July 2015

I am very pleased to report that we had a successful collection on the weekend of the 3rd -5th July. We raised nearly £870 with gift aid. My thanks must go out to the nearly 50 volunteers and some clients who stood outside Sainsbury's for an hour to help us collect all the money. A particular mention should go to one client who donated his whole coin collection to the good cause.

These type of activities are becoming increasingly important to help Contact keep providing the local services we operate. Finally a big thank you to Sainsbury's for allowing us to hold the collection.



Contact takes part in St. John's Fun weekend 'Songs of Praise' service

On Saturday 20th June Contact (represented by Jasmine) took part in the 'Songs of Praise' service as part of St. John's fun weekend. Jasmine outlined all the work that Contact does and the congregation joined in to sing our chosen hymn 'Here I am Lord'. With the Bishop of Southwark as a special guest it was a great opportunity to tell the wider community about the work that 'Contact' does in the local community.

Walk round the Isle of Wight to raise money for Contact and Selsdon Centre for the Retired.

At the end of June Sheila Childs, long-time supporter and volunteer of Contact and Selsdon Centre for the Retired, came up with a novel way of raising funds for Contact. She took on the task of a sponsored walk around the coast of the Isle of Wight. In the process Sheila raised over £600 which will be split between Contact and the Selsdon Centre. Thank you Sheila for your fundraising and blisters!!!!

