

What's New for Carers

Carers
Information
Service



Carers Support Group starts this Wednesday

Got something on your mind?

Our [six week carers support group](#) provides a safe, confidential space for carers to find information and get support. Led by a trained advice worker, the group provides the opportunity to meet and find mutual support from carers in a similar situation, covering key topics such as health, finances and caring for your own wellbeing. [Download our flyer for more information.](#)

The group starts this Wednesday on **Wednesday 21 September, 2pm - 4pm** and runs for six weeks. To join the group, contact ruthlaws@carersinfo.org.uk or call 020 8649 6280.



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The Carers' Information Service was set up by the Whitgift Foundation in 1997, and provides information, advice and support to Croydon's carers.

[Find out more about us.](#)



The Carers Support Centre is the result of a partnership between Croydon Council and the Whitgift Foundation.

The Centre is open Monday to Friday, 10am – 4pm, and carers are welcome to drop in for information and advice on their caring role.

[Find out more about us.](#)

We also have rooms to hire, ranging from a two-person consultation room to a large meeting room that can hold over 50 people. For more information call Victoria Rivera on 020 8663 5600, or email victoriarivera@carersinfo.org.uk.

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Our mailing address is:

Carers' Information Service
Carers Support Centre
24 George Street
Croydon, CR0 1PB
United Kingdom

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