

What's New for Carers

Carers
Information
Service

Training E-Bulletin

Events



Training events at the Carers Support Centre



Siblings Workshop Tuesday 5
July 10am-3pm

A free workshop on supporting siblings of
a disabled child or child with special
needs. Contact
ruthlaws@carersinfo.org.uk or call 020
8649 6280 to book.



Summer Money Management Workshops for Carers

14 July 1.30 pm – 2.30pm

Benefit Checker – Learn how to use a benefit calculator so you can ensure you are getting your full entitlement and whether you might benefit from switching to Universal Credit.

28 July 1.30 pm – 2.30pm

Switching and Saving Workshops – An interactive session on how to use price comparison websites and reduce the cost of your household bills. Customers can save up to £250 a year if they have never switched utility suppliers; so please bring your own bills to see if this could be you.

11 August 1.30 pm – 2.30pm

Money Management – Learn how to produce a budget, prioritise your payments and methods of saving so that you can confidently manage your money effectively.

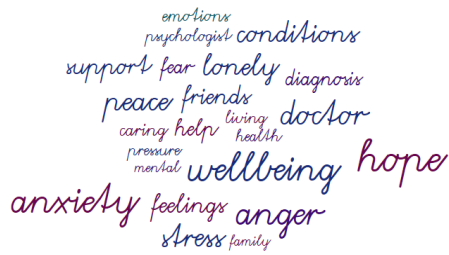
25 August 1.30 pm – 2.30pm

Benefit Checker – Learn how to use a benefit calculator so you can ensure you are getting your full entitlement and whether you might benefit from switching to Universal Credit.

To book a slot on any of these free workshops, please contact **020 8649 6285** or email angelawebb@carersinfo.org.uk.



Local training and workshops in Croydon



No Health Without Mental Health - Free Half Day Workshops

Croydon Clinical Commissioning Group is hosting a series of free workshops for carers and professionals on the interface between physical health and mental health. The next sessions will be held on:

- Monday 20 June 9.30am-1pm
- Friday 8 July 1.30pm-5pm
- Monday 18th July 9.30am-1pm
- Friday 29 July 9:30am-1:00pm

All these sessions will be held at Bernard Weatherill House, 8 Mint Walk, Croydon, CR0 1EA. To book email SLaMLearningSolutions@slam.nhs.uk or call Rebecca on 020 3228 3177.



Make the most of the iPad with Family Fund

Are you the parent of a disabled child or young person? Do you want to know more about getting the best out of your iPad?

The **Family Fund** will be running a free workshop with an Apple approved SEN Education Trainer on 4 July 10.30am-12.30pm to answer any questions you may have and to help you explore all the accessibility and safety features, such as applying parental controls and helping you manage your child's use of your iPad.

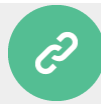
If you've received an iPad through a Family Fund grant or are interested in applying for one, why not come along? (If you have an iPad, please bring it with you.) To register for the sessions email digitalskills@familyfund.org.uk.



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Our mailing address is:

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The Carers' Information Service was set up by the Whitgift Foundation in 1997, and provides information, advice and support to Croydon's carers.

[Find out more about us.](#)



The Carers Support Centre is a partnership between Croydon Council and the Whitgift Foundation.

The Centre is open Monday to Friday, 10am – 4pm, and carers are welcome to drop in for information and advice on their caring role.

[Find out more about us.](#)

We also have rooms to hire for very competitive rates. For more information call Victoria Rivera on 020 8663 5600, or email victoriarivera@carersinfo.org.uk.